

On this page, find services for senior citizens.

General Senior Assistance

- **DC Office on Aging**
 - General: (202) 724-5622
 - TTY: (202) 724-8925
 - 500 K St NE
 - M-F 8:30am-5pm
 - www.dcoa.dc.gov/DC/DCOA
 - Services: Help finding meals, transportation, and wellness programs; job training and job placement program.
 - Requirements: For seniors aged 60+.
- (202) 434-2120
- 601 E St NW, 4th Floor
- www.aarp.org/states/dc/LCE
- Services: Free legal counsel for senior citizens in D.C. related to elder abuse, grandparent custody, housing advocacy, consumer protection, creating and updating wills, advocating for health care and long-term care concerns.
- Requirements: D.C. residents aged 60+. Also handles SSI and SSDI cases for D.C. residents aged 55+.

Comprehensive Senior Center

- **S.O.M.E. Senior Center**
 - (202) 797-8806 x1301
 - 1667 Good Hope Road SE
 - Day Center: 10am-2pm daily
 - www.some.org
 - Services: Day center with meals, recreation, group counseling, and case management.
 - Requirements: For seniors aged 60+ living in wards 6,7,and 8. Initial intake by phone.

Senior Abuse Hotline

- **Adult Protective Services**
 - (202) 541-3950
 - dhs.dc.gov/service/adult-protective-services
 - Services: Report senior abuse or neglect and get counseling and services for vulnerable seniors.

Legal Counsel for Seniors

- **AARP Legal Counsel for the Elderly**

SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).