

On this page, find free clinics and information about health insurance.
Bring (1) all prison medical records, (2) a list of medicines you take, and
(3) your insurance or Medicaid card if you have one.

Clinics

- **Bread for the City**
 - 📞 NW Office: (202) 265-2400
 - 📍 1525 7th St NW
 - 📞 SE Office: (202) 561-8587
 - 📍 1640 Good Hope Rd SE
 - 🕒 Walk-in: M-Th 9-11am, 1-4 pm;
F 9-11am
 - 🌐 www.breadforthecity.org
 - Services: Medical and dental care.
- **S.O.M.E. (So Others Might Eat)**
 - 📞 (202) 797-8806
 - 📍 71 O St NW
 - 🕒 M-F 8am-4pm
 - 🌐 www.some.org
 - Services: Medical, eye, and dental care.
- **Family and Medical Counseling Service**
 - 📞 (202) 889-7900
 - 📍 2041 MLK Ave SE, Suite 303
 - 🕒 M-F 8:30am-5:30pm
 - 🌐 www.fmcsinc.org
 - Services: Medical care and HIV/AIDS counseling and care.
- **Unity Health Care Reentry Health Center**
 - 📞 Appointments: (202) 610-7160
 - 📞 Doctor After Hours: (301) 953-4574
 - 📍 Anacostia Health Center
1500 Galen St SE
 - 🌐 www.unityhealthcare.org
 - Services: Medical, dental, and eye care.
- **D.C. Healthcare Alliance, D.C. Healthy Families & Medicaid**
 - 📞 Dept. of Human Services:
(202) 727-5355
 - 📍 Locations around D.C.
 - 🌐 dhs.dc.gov/service/medical-assistance
 - Services: Health insurance for low-income D.C. residents.
 - Requirements: Go to an ESA Service Center to apply (call to find the ESA near you). If you need help filling out the application, call Bread for the City, S.O.M.E., or another provider.

Health Insurance

SMART TIPS

- **Call:** Before visiting a provider, give them a call. If you don't have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).