On this page, find free clinics and information about health insurance. Bring (1) all prison medical records, (2) a list of medicines you take, and (3) your insurance or Medicaid card if you have one.

Clinics

- **Bread for the City**
  - NW Office: (202) 265-2400
  - 1525 7th St NW
  - SE Office: (202) 561-8587
  - 1640 Good Hope Rd SE
  - Walk-in: M-Th 9-11am, 1-4 pm; F 9-11am
  - www.breadforthe_city.org
  - Services: Medical and dental care.

- **S.O.M.E. (So Others Might Eat)**
  - (202) 797-8806
  - 71 O St NW
  - M-F 8am-4pm
  - www.some.org
  - Services: Medical, eye, and dental care.

- **Family and Medical Counseling Service**
  - (202) 889-7900
  - 2041 MLK Ave SE, Suite 303
  - M-F 8:30am-5:30pm
  - www.fmcsinc.org
  - Services: Medical care and HIV/AIDS counseling and care.

- **Unity Health Care Reentry Health Center**
  - Appointments: (202) 610-7160
  - Doctor After Hours: (301) 953-4574
  - Anacostia Health Center
    - 1500 Galen St SE
  - www.unityhealthcare.org
  - Services: Medical, dental, and eye care.

**Health Insurance**

**D.C. Healthcare Alliance, D.C. Healthy Families & Medicaid**

- Dept. of Human Services: (202) 727-5355
- Locations around D.C.
- dhs.dc.gov/service/medical-assistance
- Services: Health insurance for low-income D.C. residents.
- Requirements: Go to an ESA Service Center to apply (call to find the ESA near you). If you need help filling out the application, call Bread for the City, S.O.M.E., or another provider.

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**SMART TIPS**

- **Call:** Before visiting a provider, give them a call. If you don’t have access to a phone, use ours!
- **Ask:** When you call, ask what they do, when they are open, and what to bring with you (documents, IDs, etc.).